Make Leisure A Pleasure
March - May 18 Celebrating 70

- Cinema
- Live Screenings
- Theatre Goers
- Short Mat Bowls
- Lymington Film Society
- LCA Study Classes
- Weddings
- Events
- Book sales
- Room Hire

The Lymington Centre, New Street, Lymington, SO41 9BQ  Tel: 01590 672337
thelymingtoncentre.co.uk /thelymingtoncentre /lymingtoncentre
A message from the Chair...

Our first quarterly Make Leisure Pleasure has proved a resounding success, and everyone has been eager to make sure they don't miss this our 2nd Edition. As you know the Association received a windfall Pledge from Lymington and Pennington Town Council at the end of last year which we must match fund. Plans for a major fundraising Project are being put in place, we now have a dedicated Fundraising Team organising many events. We would like to invite all our members and volunteers to join our newly launched 200 Club, which holds a draw on the last Thursday of each month.

Our recent application to the Co-Op has been successful we now feature as one of their local Community Projects. Please can we ask that you sign up to the Co-op and nominate LCA as your chosen charity - then any purchases you make at their stores 1% will come to the Association.

March sees our increasingly popular Craft and Gift Fair on Saturday 24th March and the first “Bunny Run” in Lymington on Sunday 25th March. Donations of cakes, prizes etc for both events are much appreciated.

In May a team of volunteers will be abseiling down the Spinnaker Tower in Portsmouth. The official launch of our Celebrating 70 Project will also be held in May to Celebrate 70 years of the opening of the Malt Hall – keep up to date with events at the Centre or by visiting our new website at www.lymingtoncommunity.com

I would ask you all to please join our fundraising efforts in any way you can by joining the 200 Club, sponsoring the abseiling team; Coming to the Craft Fayre; joining us at the Bunny Run; or alternatively arranging events to raise funds for us. You are more than welcome to join our fundraising team. We need any assistance you can give whether in time or financial - little or large is much appreciated.

Together let's make sure our wonderful Centre is here for the enjoyment of many generations to come. Watch out for more details of all the fundraising activities and please do join in.

I would like this opportunity to thank our newly formed fundraising team and I look forward to working with you all.

Ann Jarman – Chair
# General Information

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## Useful Information

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The Reception desk opening hours:
Monday - Friday: 9.00am to 4.30pm
Saturday: 9.30am to 4:00pm
Outside these hours a message may be left on the telephone answering machine.

Centre Café opening hours:
Monday - Friday: 9.30am to 4.30pm
Saturday: 9.30am to 3pm

Telephones and Mail
The Centre Office telephone 01590 672337 is answered by Centre staff, whilst the office is open. At other times an answer phone message can be left. Messages for members and tutors will be accepted and passed on to them when they call in to the office. We can only deliver urgent messages to members in the Centre in exceptional circumstances.

Members’ Advertisements
Any member wishing to place an advertisement on the member's advertisement board should call at the reception desk. A charge of £1 for two weeks (minimum) and 50p per week thereafter is made for this service.

Special Events
Many events are organised by the Association during the year. They are advertised in the Centre Newsletter, on the website, throughout the Centre and in the local press. If you can offer assistance with the running of an event, or have suggestions then please give the Centre Manager a call on 01590 672337.

Toilets for the Disabled and Baby Changing Facilities
These facilities are available on the ground floor adjacent to the main toilet facilities.

Lift
There is a lift available for users of the Centre to access the upper floor. This is located by the Robert Hole Room close to Reception.

Induction Loop for the Hard of Hearing
Most of the Centre’s larger rooms are equipped with an Induction Loop/PA System, which is of considerable value to the hard of hearing. This equipment is available free of charge but must be booked in advance.

The Volunteers
The Centre is dependent on the help of volunteers. They serve you coffee in the Malt Cafe, pour you a drink in the bar, show you to your seat in the Cinema, keep the gardens tidy and maintain the Centre. We are indebted to them and we thank them for their continuous efforts. We are always in need of further help. Whether you are able to offer your time on a regular or occasional basis we would be pleased to hear from you, on 01590 672337.

The Buildings
The Lymington Centre has grown over the years from its original home in the Malt Hall in 1948. The Association now provides 16 meeting rooms of various sizes which are available to rent on a regular or one off basis. The Fuller/McLellan Hall is a popular venue for parties, public meetings and monthly club events. Dance classes are regularly held in the Phoenix and Wellington Rooms. The Centre Pre-school is in the Normandy Room.
Exhibitions

Exhibitions of many kinds are held in the Centre, by both professional and amateur artists and craftsmen. If you would like to stage an exhibition of your own, or suggest an artist to be considered, then please contact Reception.

Classes

An extensive programme of day and evening classes is arranged at the Centre each season. Many are organised by Brockenhurst College and some are run directly by the Association. Further information about these classes is given in a later section of this booklet.

Book Sales

We are delighted to accept donations of books to be sold for the benefit of the Community Centre. The library shelves in the Walter Simmons Gallery offer a wide selection of books and puzzles, all looked after by Patricia Allott. Book Fairs are held periodically throughout the year. Over £190,000 has been raised since the scheme began.

Catering

Many of the rooms available for hire have a kitchen attached for use by the hirer. These are fully equipped for the purpose. The Association doesn’t yet offer a catering service, however we can recommend caterers within the local area who would be able to offer a service.

Safety and Security

First Aid Kits are sited throughout the Centre. Almost all staff have First Aid Training. For serious emergencies a 999 call should be made.

Fire Alarm Bells will sound throughout the buildings in the event of fire.

Call points are positioned at various positions around the Centre. Visitors and Centre users should familiarise themselves with fire precautions and evacuation procedures shown on posters throughout the Centre. Emergency exits must be kept clear at all times. Get out. Get the Fire Services Out. Stay Out!

Electricity Emergency. In the event of a power failure the emergency lighting will switch on automatically.

Security The premises are covered by CCTV surveillance system.

Letting of Rooms and Equipment

See page 7 for a guide to room hire charges. Early enquiry is recommended as rooms are often fully booked, especially during the autumn and winter periods.

Personal Property

The Community Association does not accept responsibility for the loss of or damage to any personal property brought in to the Centre or its grounds. Any lost property found will be disposed of after a one month period.
Office Services

**Photocopying:** The Centre offers a high quality black and white or colour photocopying service. Usually this is available while you wait but during busy times items may need to be left with us and collected later.

### Black and White
- A4 single sided: 10p members/affiliated groups, 20p others
- A4 double sided: 15p members/affiliated groups, 30p others
- A3 single sided: 15p members/affiliated groups, 30p others
- A3 double sided: 30p members/affiliated groups, 60p others

### Colour Copying
- A4 single sided: 45p members/affiliated groups, 70p others
- A4 double sided: 75p members/affiliated groups, £1.30 others
- A3 single sided: 75p members/affiliated groups, £1.30 others
- A3 doubled sided: £1.10 members/affiliated groups, £1.50 others

Additional charges apply for enlarging and reducing, copying onto coloured/Day-Glo paper, card and O.H.P. transparencies.

### Laminating
- A5: 50p members/affiliated groups, 80p others.
- A4: 60p members/affiliated groups, 90p others.
- A3: £1.10 members and affiliated groups, £1.50 others

Coloured Paper A4: +3p per sheet
Card: +7p per sheet
Dayglo Paper A4: + 10p per sheet A3: +15p per sheet
A4 OHP Transparencies + 20p per sheet

**Membership & Affiliation**

Membership is open to all over the age of 18. Benefits include reduced fees for some classes, coach trips and some other events run by the Association. Members also receive a complimentary copy of Make Leisure a Pleasure and the monthly Newsletter.

Membership of the LCA gives the opportunity to join other groups such as Lymington Film Society, Lymington Players, Short Mat Bowls and the Theatregoers’ Club. Please enquire at the Reception Office.

**Subscriptions**

Membership subscriptions are renewable each September, and the current rates, which include an element of VAT are as follows:

- **Adults** (18 and over) £15.00
- **Joint Membership** (2 people at the same address) £25.00

**Car Park Permit (per car)** £20.00 for a MAXIMUM of 4 hours at any one time
(Members only) Registration numbers will be taken at the time of purchase.

The purchase of a permit does not guarantee a space will be available. Users are reminded that the Association accepts no responsibility for loss or damage resulting from use of the car park.
LCA Clubs and Groups

**Lymington Players:** We are the Lymington Players based in the lovely Malt Hall Theatre. We are always looking for new members to come and join us. Whether you fancy treading the boards, helping back stage or just becoming a social member, we would love to hear from you.

You need to join the Lymington Community Association to be able to become a member of the Lymington Players. For junior membership of the Lymington Players a parent/guardian will have to join The Lymington Centre on their behalf. Annual Subscription: Adult £5.00 Junior £1.00

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**Zack** by Harold Brighouse, directed by Ruth & Peter Wagstaff
Monday 23rd - Saturday 28th April 2018

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**Lymington Theatregoers:** Is a group of music/theatre/ballet and opera lovers who attend such events regularly with coaches arranged, leaving from and returning to The Centre. The Club normally offers visits to two Plays and two Musical events every month, to venues roughly within an area from Poole, Bath, Windsor, Richmond and Guildford to Chichester. Monthly programmes are available at the Centre from the 10th of the month and bookings close on the 20th. Applications are made using the form at the foot of the programme sheet, accompanied by a cheque and a stamped self-addressed envelope.

**Lymington Film Society:** Lymington Film Society is a society for those interested in film beyond the broad range of movies available on general release. From October to May each year we run a season of films all of which have been chosen for their subject matter as well as cinematic appeal. The majority of our films are foreign language with English subtitles, and are shown in the Fuller-McClellan Hall at the Lymington Centre. Occasionally we show an English language film in the Malt Hall at the Lymington Centre. Films are shown on the second Sunday of the month.

Membership: Annual membership costs £20 and entitles holders to free admission to all films and social events of the society. Members must also be members of the Lymington Community Association. Non members can buy tickets for £6.50 per film on the door. For further information please refer to our website, email or enquire at The Lymington Centre reception www.lymingtonfilmsociety.co.uk or email: artscinema@googlemail.com

**Short Mat Bowls:** Members of the LCA are invited to join the Short Mat Bowls Club, which began in May 2003. Short mat bowls is an enjoyable game of skill. New players are welcome to come along to a trial session. Please let us know if you would like to do so at LCA Reception, and we will contact the organiser for you. We play on two mats in the Wellington Room on Monday afternoons from 2.00pm to 4.45pm. A reasonable degree of fitness is needed. Annual Subscription: £10 plus £4 per session. For further information please call Brenda Dann on 01590 674979.
Affiliation: Local voluntary organisations may affiliate to Lymington Community Association and thus join in and support its work. Affiliation enables the Association to work in co-operation with other local organisations, to bring them together for discussion on topics of common concern, and it permits the affiliated organisations to use the Association's services. The advantages of affiliation also include reductions in charges for photocopying, hiring rooms and equipment, a share in the control of the LCA by a vote at its AGM, access to advertising facilities and an entry in the roll of affiliated organisations in this booklet. Around 60 local organisations are affiliated. The affiliation fee is £40.00. Further details are available from the Manager.

**Room Hire Rates**

<table>
<thead>
<tr>
<th>ROOMS</th>
<th>Seated</th>
<th>Standard Rate</th>
<th>Affiliated Rate</th>
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<tr>
<td>FULLER/MCLELLAN (Includes use of kitchens)</td>
<td>(180)*</td>
<td>£100.00</td>
<td>£75.00</td>
</tr>
<tr>
<td>FULLER (Includes use of kitchen)</td>
<td>(80)*</td>
<td>£55.00</td>
<td>£41.00</td>
</tr>
<tr>
<td>MCLELLAN (Includes use of kitchenette)</td>
<td>(80)*</td>
<td>£55.00</td>
<td>£41.00</td>
</tr>
<tr>
<td>WELLINGTON (Includes use of Kitchenette)</td>
<td>(120)*</td>
<td>£60.00</td>
<td>£42.00</td>
</tr>
<tr>
<td>ROBERT HOLE (Includes use of Kitchen)</td>
<td>(96)*</td>
<td>£55.00</td>
<td>£41.00</td>
</tr>
<tr>
<td>THE MALT</td>
<td>(91)*</td>
<td>£70.00</td>
<td>£48.50</td>
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<tr>
<td>PHOENIX (Includes use of Kitchenette)</td>
<td>(30)*</td>
<td>£42.00</td>
<td>£33.00</td>
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<tr>
<td>HAYLOFT</td>
<td>(30)*</td>
<td>£40.00</td>
<td>£30.00</td>
</tr>
<tr>
<td>STUDIO</td>
<td>(16)*</td>
<td>£40.00</td>
<td>£30.00</td>
</tr>
<tr>
<td>SOLENT</td>
<td>(25)*</td>
<td>£35.00</td>
<td>£28.00</td>
</tr>
<tr>
<td>COWPER</td>
<td>(12)*</td>
<td>£32.00</td>
<td>£24.00</td>
</tr>
<tr>
<td>THE MALT CAFÉ</td>
<td>(30)*</td>
<td>£45.00</td>
<td>£37.00</td>
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<tr>
<td>THE MALT CAFÉ with Volunteers Kitchenette</td>
<td>(30)*</td>
<td>£60.00</td>
<td>£46.00</td>
</tr>
<tr>
<td>THE MALT LOUNGE/BAR</td>
<td>(40)*</td>
<td>£55.00</td>
<td>£41.00</td>
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<tr>
<td>BEAGLEY</td>
<td>(12)*</td>
<td>£33.00</td>
<td>£25.00</td>
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<tr>
<td>CHARTER</td>
<td>(12)*</td>
<td>£32.00</td>
<td>£23.00</td>
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In all cases accommodation charges include heat, light, chairs, tables, room preparation etc. *Numbers in brackets indicate the MAXIMUM persons permitted in the room at any one time when seated* (tables, etc, will reduce these numbers). Should you wish to serve alcohol at your event/function we will need to know any requirements at the time of booking, and charges may apply.
Welcome to Lymington Centre Pre-School, where a nurturing, dedicated, fully trained team of practitioners provide and promote a safe, stimulating, exciting, enriched environment, with a happy atmosphere, focusing on learning through play.

We are a lively group full of enthusiasm and experience and we know how important your child is. Therefore we aim to deliver the very highest quality of care and education, to help your child to succeed. We strongly believe that every child is unique, an individual, and deserves the very best possible start in life. By building strong positive relationships between yourselves and our team, your child will be able to form a strong secure attachment. Moreover they will be able to explore, become immersed and engrossed in our environment. This in turn will arouse their curiosity and motivate them to learn, and develop naturally, at their own pace, enabling them to fulfil their full potential, within a Pre-School that values everyone.

Parent Reviews:
“Lymington Centre Pre-School is an excellent pre-school providing excellent care, nurturing and guidance for children. I have two children that have attended here and they have both grown so much socially, emotionally and academically. The staff are friendly, happy and provide great child care.“

For further details please contact the Manager on 01590 672337 ext 3, 07789504371 or email preschoolmanager@lymingtoncommunity.com www.thelymingtoncentre.co.uk
LCA Study Classes

LCA Study Classes 2018

The LCA offers a variety of classes in various subjects throughout the year. Please pick up a course leaflet from the Reception Office with full details and an enrolment form. Enrolment forms will also be available to download from our website www.thelymingtoncentre.co.uk for each term throughout the year.

Enrolment and Payment of Fees: Students should contact The Lymington Centre Reception before attending as numbers are limited for some courses, due either to the limitations of seating in the available accommodation or of a class size imposed by the lecturer. Cheques should be made payable to "Lymington Community Association". We are also able to accept payment by debit or credit card.

Hampshire County Council School Term Dates 2018

<table>
<thead>
<tr>
<th>Term</th>
<th>First day of term</th>
<th>Last day of term</th>
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<tr>
<td>Spring Term Dates</td>
<td>Monday February 19th, 2018</td>
<td>Thursday March 29th , 2018</td>
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<td>Easter Holiday</td>
<td>Friday March 20th, 2018</td>
<td>Friday April 13th, 2018</td>
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<tr>
<td>Summer First Term</td>
<td>Monday April 16th, 2018</td>
<td>Friday May 25th, 2018</td>
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General Art Programme

General Art and Drawing: An Art Course for those wishing to explore a range of media.

Tutor: Caroline Bannon

Tuesdays 09.15am -11:15am, 10 weeks, Tuesday 17th April—26th June 2018.

Fee: LCA Members: £85, Non LCA Members: £90

A practical 10 week art course that encompasses a range of drawing and painting media. These are explored in the context of a project that evolves over the 10 week period. Students are encouraged to develop their work, under the guidance of the tutor, towards a personal style. Please bring art materials of your choice to the first class.
English Literature Lecture Programme

Shakespeare Unpacked

**Tutor:** Carolyn King MA  
**Dates:** Tuesdays 10.00am-12noon, 6 weeks, Course Start—17th April 2018  
**Location:** Phoenix Room  
**Fee:** LCA Members: £60, Non LCA Members: £65  
**Enrol at Reception, The Lymington Centre**

The Study Group was established about 25 years ago. The current tutor is University Lecturer, Carolyn King, MA, who has considerable expertise in the works of Shakespeare. We will spend two weeks on each play. The course is open to all; no prior knowledge or qualifications in English Literature are required. We will read and interpret the following three plays:

- Twelfth Night (a comedy)  
- Richard III (a history play)  
- King Lear (a tragedy)

Tea/coffee/biscuits are available at the 11 am break. The group is furnished with regular notes on the group discussion, identifying key points made.

History Lectures Programme

**Speaker:** Andrew Negus  
**Date:** Thurs 3rd & Thurs 10th May 2018, 10am–12 Noon  
**Topic:** Southampton

**Speaker:** Frank Green  
**Date:** Thurs 7th June 2018, 10am–12 Noon  
**Topic:** Lymington Salt Industry  
**Date:** Thurs 5th July 2018  
**Topic:** Industrial Archaeology of the New Forest

**Speaker:** Roy Doughty  
**Date:** Thurs 14th June & Thurs 21st June 2018, 10am–12 Noon  
**Topic:** British Game Changers

**Speaker:** Geraldine Beech  
**Date:** Thurs 12th July 2018, 10am–12 Noon  
**Topic:** A brief history of the progress of women’s rights in the United Kingdom

**Enrol at Reception, The Lymington Centre.**  
**Cost:** £6.00 Per Person, Per Session.
Classes run by Brockenhurst College

**Art and Craft**
Day Workshops
Beginners
Improvers
Figure Drawing
Portraits
Oil Painting, Acrylics
Drawing
Painting Creatively
Watercolour – Improvers/Beginners
Stained Glass
Soft Furnishing
Upholstery
Flower Arranging - Beginners to Advanced

**General Interest**
Dawn Chorus
Bird Watching
Bridge - Beginner
Creative Writing
Writing your own Autobiography
Wildflower identification
Gardening and garden design

**Languages**
French – Beginners, Improvers, Intermediate, Advanced
Italian—Beginners, Improvers, Intermediate, Advanced

**Fitness and Sport**
Bums and Tums
Fitness for 60+
Tai Chi – Beginners and Improvers
Yoga
Pilates—all levels
The Malt cinema is housed in the Malt Hall Theatre. Films are shown throughout the year except when the Lymington Players are using the stage for a live performance. Modern up to date films are shown usually four days per week with extra showings during school holidays. Live screenings of Opera, Ballet and Theatre are shown direct from the Royal Opera House and others. Details of the schedule can be found on the Centre website, in local press and in the Cinema Programme. The cinema can also be booked for private showings, parties, fund raisers, corporate events etc. Please ask at Reception for details. We are usually able to procure a film of your choice. Please ask the manager if you have a special request.
Lymington & District Historical Society

Meetings are held at 7.15 pm on the last Friday of the winter months.

(Except December) in the Robert Hole room of the Lymington Centre.

Visitors are always welcome.

2018

March 23rd (Please note date) Russ Foster: Wilton House and the Herberts: the arts of survival. The Herberts have been at Wilton in unbroken tenure since 1544. Exploring this family and some of their great art treasurers.

(Talk linked to Summer Outing)

April 18th Special screening of old films of the New Forest. On kind loan from Lord Montagu. Lymington Centre Cinema. Guest tickets £4. Please see website for further details nearer the time.

Chairman: Mrs. Caroline Birch. Telephone: 01590 623933
Website: lymingtonanddistricthistoricalsociety.co.uk
Artwork
Our group meets every Monday morning 10am to 1pm at the Old School Fields hall, Main Road, East Boldre, for an informal, creative start to the week. We generally work on our own projects and occasionally hold workshops or demonstrations. We have an ongoing display of work at the Turfcutters Arms in the village, and our annual exhibition and sale of work is held in East Boldre village hall over the last weekend of November. We welcome visitors and new members, so if you would like to join us please come along any Monday, except Bank Holidays and August.

Arty Paints and Projects
Arty Paints and Projects has been set up for all those that love to paint/craft but who never get around to doing it! Set aside Thursday evening and join your fellow artists working on their own projects. Come along if you have a project that never gets finished - any craft, doesn't have to be painting. Term time 7.30pm-9.30pm.

Any questions? Email: artypaints@gmail.com.

British Red Cross
The Redvers Room, The Lymington Centre, New Street, Lymington, SO41 9BQ. Tel/Fax 01590 672641 Open Monday - Friday 10.30am - 12.30pm & 2.00pm - 3.30pm. (Except Wednesday pm) The Red Cross provides care and comfort to people in crisis by responding to all emergencies, local, national or wherever the need arises. Local services include short term loan of mobility equipment. Support at home, enabling individuals to regain their confidence and independence following an illness. First Aid cover at public events. FES (Fire and emergency support) in partnership with the Fire Service, gives practical and emotional help to people in the aftermath of fire, floods etc. Volunteers are always welcome to help deliver these vital services.

Contact 01590 674683 or visit our website redcross.org.uk.

Brockenhurst Music Society
We put on 5 or 6 concerts a year, given by highly talented young professional musicians. They generally run from April to September and are held in St Saviour’s Church, Brockenhurst on Monday evenings. The music is an exciting mix of keyboard, strings, wind instruments and singing; mostly classical, but with some pieces from musicals and other popular works. For more information please see our website: www.brockenhurstmusicsociety.co.uk or call Dawn Swarbrick (Secretary) on 01590 624733.

Charter Bridge Club
We are always looking for new members who wish to extend their experience of duplicate bridge. We meet on Monday evenings between 6.40 and 10.30 at the latest. We operate a 'host' system which means that even if you do not have a playing partner for the evening, you can come along and be guaranteed a game. We are EBU affiliated and offer convivial company, competitive duplicate bridge and free, hot drinks. The bar is available. Please feel free to contact the club secretary, Eve, on 01590 676528 for further details.

Children’s Art Studio
Art for 7 - 12 year olds. Saturday morning Art Studio from 10:30am to 12:30pm. Led by a qualified practising artist. Help to develop your child’s artistic potential. We try using all kinds of media and learn about artists too. Children are welcome to come along for a taster session.
Community First New Forest
Lymington Healthy Walkers have been walking and talking for 18 months. Our free walks offer a wonderful opportunity to meet people and see the local area from a different perspective. Although the aim is to get a little fitter and to enjoy better general health, the walks offer a chance to catch up regularly with friends made on the walks. Walks are the first and third Tuesday in the month from Bath Road Car Park by the slipway at 10am and last up to 90 minutes. As numbers have increased on the walks we are also looking for volunteers to train as Walk Leaders. A full day’s training is provided absolutely free. If you enjoy walking and would like to know more about the walks or becoming a Walk Leader then please call Jan Barratt on 01425 482773 or 07788 558864 or email healthy-walks@cfnf.org.uk.

Drama Co
We offer LAMDA and Drama Classes to students aged 11+ during term time only. LAMDA is a fantastic opportunity for students who have a real interest in Acting, Devising or Musical Theatre and want to gain formal qualifications. Higher grades of LAMDA also provide UCAS points which will assist in University or Higher Education entry. Part of the session includes a Drama element in which the group will work on a theme for a term. This could range from working on a classical text (Shakespeare) or devising a modern piece as a group or using cameras to create a short TV/Film clip. All of these elements build on the academic study of Drama as well as the performance itself.

Freda Jan Yoga
Yoga for all ages and abilities. Tuesday morning in the Fuller Hall.
Vinyasa Yoga - 9.10am-10.25am. A dynamic, flowing class, including advanced postures, guaranteed to leave you stretched and energised. Hatha Yoga - 10.30am-11.45am. A gentle yoga class, perfect for beginners or anyone seeking a slower pace. Emphasis is on foundation postures for an effective yoga practice. Chair Yoga - 11.45am - 12.35am. Yoga stretches to increase strength, flexibility and balance, whilst seated or with the use of a chair. Suited to anyone with restricted mobility. For more information please contact Freda on 07988 820010 or Freda_jan@hotmail.co.uk

Friends of Lymington to Brockenhurst Line
The objects of the Friends are to assist the Community Rail Partnership and South West Trains in providing to users and potential users an effective, safe and pleasant service on the Railway Line and to further the use and future of the Railway Line; also to maximize the Line’s potential as part of an integrated transport network for the district, including the ferry service to Yarmouth, Isle of Wight.
Contact: Lady Georgina Craufurd 01590 672406.

‘Friends’ of St Barbe Museum
The ‘Friends’ have been an important part of the St Barbe Museum and Art gallery from its beginning and membership of the Friends continues to be an important source of support. Membership benefits include admission to the Museum and to all Gallery exhibitions and entrance to the friends programme of talks and events. New members are very welcome. Contact John Ward 01590 671205 Email: friendsofstbarbe@gmail.com.
Affiliated Groups

Friends of Wistaria Surgery
The main objective is to provide the surgery with facilities, support services and equipment not normally provided by the statutory authorities in order to promote the welfare of patients. We run monthly coffee mornings and occasional speakers, hold social and fund-raising events, help with the surgery’s flu immunisation clinics, run a volunteer befriending/visiting service for Wistaria’s patients and maintain the surgery garden. We can be reached through Wistaria Surgery, Wistaria Court, 18 Avenue Road, Lymington S041 8DY, via our website www.friendsofwistaria.org, or by email friendswistriasurgery@gmail.com

Hancock Osteopathy
Michelle is the Principal Osteopath of Hancock Osteopathy at the Lymington Community Centre, treating patients with;
- Aches and pains in joints and muscles
- Back, neck & shoulder pain
- Headaches from the neck
- Work and postural symptoms
- Arthritis
- Pregnancy related aches and pains
- Minor sports injuries
- Chronic pain
- Anxiety & stress

Michelle treats using expert hands on techniques to help relieve symptoms, and works with you to find out what is causing and worsening symptoms, so that you know how to prevent and reduce your pain. Find out more about Michelle on:
www.hancockosteopathy.co.uk or contact on 0771 5581 554 or michelle@hancockosteopathy.co.uk

Inner Wheel Club of Lymington
Secretary: Doreen Cummings, 22 Bitterne Way, Lymington, SO41 3PB. 01590 671546. Members are wives, partners and female relatives of present Rotarians. Inner Wheel is now open to ladies with no connection to Rotary. Events are organized to raise funds for local, national and overseas charities.

Jo Jingles
Jo Jingles is the UK’s leading provider of pre-school music and movement classes. They provide fun, interactive music, singing and movement experience with an educational slant, for babies and children aged from 3 months to 5 years of age. They also introduce routine and structure whilst providing musical instruments for every child. The aim of a Jo Jingles class is to enhance a child’s pre-school education by stimulating their interest and enjoyment of music using a series of varied and fun themed musical programmes. Let music help develop your child’s language, listening and memory skills and make new friends at the same time. Classes on Friday mornings during term time. Session Times: 10.30am: Mixed Ages (from walking upwards) 11.30am: Babies 3 months-walking. Contact Zara on 07539376935, email jojinglesnewforest@gmail.com www.jojingles.com/newforest Join us for some FUN!
**Lymington Arts Group**
We are a friendly group of art lovers, meeting on the second Friday of the month in the Wellington Room from 7.30pm - 9.45pm. Evenings feature talks and demonstrations by well known speakers and artists. Other activities include painting at various locations in the region throughout the summer. Exhibitions are held in the Masonic Hall, Lymington and on Milford Village Green annually, where work can be displayed and sold. Annual subscription £25, visitors are welcome at £3.50/ meeting. For more information contact Sandi Hitchens, 01425 613569
Lymington Arts Groups are kindly sponsored by Dagless & Whitlock Solicitors, Milford on Sea.

**Lymington Baptist Church**
See website for details of services and other events such as Hullabaloo Toddler Club, CAP Job Club, Messy Church and the Alpha Course  www.lymingtonbaptist.org.

**Lymington Bookbinding Club**
Meetings are on Tuesday afternoons from mid-September to the beginning of April in the Hayloft from 2.00pm until 4.00pm with a four week break at Christmas. Help is freely given on the basic operations in hand bookbinding for paperback and hardback books which include both cloth cased-bound books and leather bindings. Other procedures include book repairs, construction of slip-cases, book boxes and portfolios, binding magazines etc. Membership includes the use of specialist equipment and some of the consumable materials such as mull, thread, glue and paste. Contact Mr P R Gilbert, 01590 683197.

**Lymington and Brockenhurst Lions Club**
The Lions Club of Lymington and Brockenhurst is part of the UK Lions Clubs and meets at Elmers Court on the 1st Wednesday in every month(7:30pm). We raise funds for local good causes, via events which are of value to the community and entertaining. Plus we have an enjoyable time ourselves with regular Socials. We are best known for organizing the annual Lymington Carnival and we need more people to come on board and help us with this major Community Event. If you would like to find out more or join us, please see our website www.lymingtonlions.org.uk , phone 01590 671761 or email: lynnron101@outlook.com.

**Lymington Camera Club**
We are a small, friendly club focusing on encouraging all levels, from first timers to professionals, to share experiences and learn from each other. We meet twice monthly on the 2nd and 4th Thursday from September to May. One meeting is a talk and the other is a judged print/ projected image competition. Organised summer walks take place in between to keep our hand in and socialise. Recently we started organising extra informal tuition classes on selected dates during term time. Further information available on the website www.lymingtoncameraclub.com Come and see what we have to offer by attending a meeting as a guest (£3 charge which is deducted from membership when you join).

**Lymington Care Group**
We are happy to help with transport to medical appointments. Volunteer drivers urgently needed. Contact Doreen on 07885 575 375.
Lymington Choral Society
The choir has around 65 members and rehearses in the Wellington Room at the Lymington Centre, from 7.30pm to 9.30pm on most Wednesdays from September through to May. A challenging programme of music from the 17th – 21st century is selected for study and performance at a minimum of two major concerts during the year and include young professional soloists and orchestra. The Spring session began on 3rd January 2018 and the Autumn session will commence on Wednesday 5th September 2018. For our concert 12 May 2018 we will be performing the Mozart Requiem, Pergolesi Magnificat in Bb and Caldara Stabat Mater. On 1 December our performance will include Gounod’s Messe Solennelle de Sainte Cécile. Berlioz L’Enfance du Christ plus carols. The society welcomes application for membership from competent singers with some music reading ability and a commitment to regular attendance but with no audition. More Info: Secretary: 01425 614023 or www.lymingtonchoral.org.uk

Lymington Croquet Club
Membership enquiries to Margaret Skelton 01425 628213. The Club plays on the court provided by Lymington and Pennington Town Council in the Woodside Recreation Ground. Croquet requires skill rather than strength, and tactical ability rather than quick reflexes, so it is suitable for all ages. We have some 50 members playing Association and Golf Croquet (Monday and Friday afternoons), Golf Croquet (Tuesday and Thursday mornings), from May to September. Potential members are always welcome to try the game without commitment. Basic tuition can be arranged. Club mallets are available for use initially. Annual subscription: £40.

Lymington and District Bridge League
The Lymington & District Bridge League holds its league matches at The Lymington Centre on second Wednesday monthly from October to May. The season starts on Wednesday 11th October 2017. The League offers a gentle introduction to “teams” for players already familiar with duplicate bridge. For further information please contact guy.lawrenson@lineone.net or 01590 622917.

Lymington and District Historical Society
Chairman: Mrs Caroline Birch, Larks Lees, Coxhill, Boldre, Lymington, SO41 8PS. www.lymington-and-district-historical-society.co.uk. The Society’s growing and thriving membership enjoy illustrated talks on the local history of Lymington and the surrounding areas. Meetings are held on the last Friday of the month at 7.15pm from September to March, excluding December, in The Lymington Centre. Membership is £12 per annum and visitors £4.00. All are welcome.

Lymington and District International Twinning Association
Lymington is twinned with Vitré, Almansa and Mosbach. Vitré, with its fortress-castle and half timbered houses, is in eastern Brittany. Almansa, near Alicante, nestles beneath a hilltop castle and is famous for its colourful fiestas. Mosbach, near Heidelberg, is set in beautiful countryside and has a medieval Old Town. LITA arranges reciprocal visits each year with at least two of the towns and promotes links between other groups and organisations. It is not necessary to be able to speak a foreign language to participate. We also organise a wide variety of enjoyable social events and in this way function as a “club”, often linking with other community organisations. Monthly conversation groups for French, Spanish and German speakers are also held. Website: www.lymingtonontwinning.weebly.com or contact Membership Secretary, Simon Hacking on 01590 683218.
Affiliated Groups

Lymington & District Naturalists’ Society
Illustrated talks on the second & fourth Tuesday of the winter months at 7.15pm in the Lymington Centre. Field meetings throughout the year. For details go to www.lymnats.org.uk or email lymnats@gmail.com or phone 01590 641609. Visitors welcome. Subscription - Adults £15.00, Juniors £10.00.

Lymington & District Neighbourhood Watch Committee
L&DNWC is a registered charity overseeing the activities of around 100 Watches in Lymington, Brockenhurst, Pennington, Pilley and the Boldres. Watch co-ordinators are in direct contact with the Police Station in Lymington. The Police district is divided into areas, with an officer allocated to a collection of watches. Regular crime reports are sent out by the Police, and watches have access to the police crime system by computer, giving up-to-date information on crime and other incidents.

Lymington Flower Club
Lymington Flower Club meets at 2pm on the first Monday of the month in the Centre. We offer friendship through flowers with regular demonstrations by NAFAS accredited demonstrators, workshops and social functions. No experience is required. Come and join us either to watch or perhaps learn a new hobby. It's fun! New members and visitors are always most welcome.
For further information contact: Pauline Browning Tel: 01590 675625 or Janice Viveash Tel: 01590 673430

Lymington Gardeners’ Club
(Affiliated to the Royal Horticultural Society)
If you are interested in plants and their care and many other aspects of the gardening scene, why not consider joining our Club which meets at 2pm on the second Tuesday of the month from September to June at The Lymington Centre. Please see our programme on the noticeboard. For further information contact Pamela Keen (Chairman) 01590 626654.

Lymington Macular Society
Our support group is open to anyone suffering from vision loss. Carers, family members and friends are also very welcome. Meetings are held on the first Thursday of the month at The Lymington Centre. These are social occasions where we can chat together over afternoon tea, enjoy entertainment including music, speakers on many interesting topics and also receive updates on issues relating to MD and its impact on our daily lives. Contact Keith or Tina on 01590 645176.
Helpline: 0300 3030 111. www.macularsociety.org Email: info@macularsociety.org

Lymington Society
The Lymington Society seeks to preserve our wonderful town and raise important local issues. Our major role is to act as a planning watchdog looking to prevent unsuitable development taking place which could harm the character of the town. The society also organises an interesting and varied programme of talks and social events to enable members to meet and make new friends. If you're interested in helping to preserve the best of Lymington’s character, then why not join the society and help keep Lymington special. See our website: www.lymsoc.co.uk.

Lymington Spiritual Connections
Lymington Spiritual Connections is an independent spiritual group that meets on the first Wednesday of each month at 7.15pm for a 7.30pm start in The McLellan Hall of The Lymington Centre. We have a Facebook page and we can also email you each month to tell you what our talk is about.
Lymington Table Tennis Club
A private, friendly and informal Table Tennis Club, of average standard, plays at the Centre every Wednesday afternoon from 2.30pm until 5pm. New members of average standard are very welcome to come and join us. Moderate fees payable on the day. For further details please contact John Stoneman on 01590 612550.

Lymington Town Tours
Entertaining and informative walks are led by our voluntary guides, who aim to make the walks an enjoyable experience for all. We have eight different walks including ‘The Story of Lymington’, ‘Wavy Walls’, and ‘Courts and Alleyways’. We even travel to Milford-on-Sea to tell ’The Story of Milford’. Details and dates are in our leaflet available from the Lymington Museum and Visitors Centre, or on our website www.lymington-town-tours.co.uk. No need to book. Just turn up - or you could book a private walk or talk for a group or club. For details of training to be a guide also visit the website.

Lymington University of the Third Age (U3A)
Lymington U3A offers retired and semi-retired people a variety of opportunities to share knowledge, skills and experience and to acquire new ones in an informal, friendly atmosphere bringing together like-minded people. There are over 50 interest groups, which usually meet in members’ homes and are led by volunteer members. The groups cover such diverse subjects as art appreciation, yoga, backgammon, canasta, table tennis, film club, French and other language groups, scrabble, genealogy, painting, recorder, lunch club, gardening and digital photography. There are also outings to places of interest and theatres. General meetings with a speaker are held on the first Thursday of each month at 2.30pm and a “Coffee Plus” on the third Monday of each month at 10am - both at The Lymington Centre. For more information please phone Barbara Warbuton on 01425 616479 or see www.lymingtonu3a.org.uk.

New Forest Academy of Dance
Dance and Musical Theatre Classes for all ages.
Long Established Dance School with Fully Qualified Teachers, studying the Royal Academy of Dance, Imperial Society of Teachers of Dancing and LAMDA Syllabi. Take exams, participate in shows and workshops. All teachers are DBS checked and up to date with their continued professional development (CPD).
Classes from 2 years plus! We also offer Tap and Ballet classes for Adults!
Principal: Kayleigh Sargeant, RAD RTS, ISTD DDE.
Tel: 01425 616750/07842270511 info@newforestdance.co.uk www.newforestdance.co.uk

New Forest Amateur Radio Society
A Radio Society of Great Britain affiliated amateur radio club.
Amateur Radio call sign: M0NFR. A group of radio amateurs and electronics enthusiasts. The Group provides regular amateur radio training courses for the Foundation, Intermediate or Advanced level qualifications at The Lymington Centre. Courses are organised according to demand. Please email for further information. The Society also organises various radio and electronics based activities including lectures, demonstrations, DF radio fox hunts, construction evenings, special events stations etc. Contact Richard Ferguson M0RBF, email: newforestradio@yahoo.co.uk
Affiliated Groups

New Forest Breast Cancer Support
Meet every second Thursday of the month (except August) in the Beagley Room at The Lymington Centre, New Street.
We are a friendly bunch of volunteers who can share our experience with you and help you through all stages of cancer. Do come and join us for a coffee and a chat.
Further information: Judy Ruffell 01590 672175 e-mail judy@rosedale16.plus.com

New Forest Disability Information Service
A Charity providing free, confidential, impartial disability related information, advice and guidance to disabled people, their families, carers, professionals and any other person of any age throughout the New Forest. Specialising in disability related welfare benefits, offering an application completion service, challenging refusals and representing clients at Tribunal hearings. Supplying information on a wide range of topics including access, legal, social, educational, transport, disability rights and aids and adaptions. A range of new and lightly used mobility equipment and daily living aids to view, assess and if appropriate purchase. A speaker is available to clubs etc.
Contact: Jacki Keable, Chief Executive, New Forest Disability, 6 Osborne Road, New Milton, BH25 6AD. Helpline number 01425 628750. Email: info@newforestdis.org.uk website www.newforestdis.org.uk

New Forest Friends of the Earth
New Forest Friends of the Earth are affiliated to the national charity of Friends of the Earth. We campaign on national and local environmental causes such as protecting bees, air quality and climate change. We meet every few months currently in Sway in the evening. Find us on Facebook: https://www.facebook.com/NFFOE/ or send us an email to find out more: newforestfoe@gmail.com

NSPCC
Secretary: Mrs A Collett, 131 High Street, Lymington, 01590 677450. Email: alice-collett@me.com Treasurer: Mr M Hall, High Widden, Pitmore Lane, Sway, Lymington, SO41 6BW. 01590 682751. Our small Committee exists to raise money locally in enjoyable ways and to publicise this worthwhile cause. Interested helpers are always welcome. If you would like to be involved please contact Alice Collett for more information. Last year we raised £5,800 for the NSPCC. The NSPCC incorporates Childline and NSPCC Schools Service.

Oakhaven Hospice Trust
Within the New Forest and Waterside area, Oakhaven provides specialist care, free of charge, to people with a life-limiting illness, and support for their loved ones.
We have a 10-bed In-patient Unit, a Day Hospice, a Community Team making home visits, our Oakhaven at Home service plus an Outpatients' Clinic Bereavement Counselling. Annual running costs are £4 million and we support 200 patients and their family and friends each week. With only 10% of costs met by the NHS, we rely greatly on our local community for funds and voluntary help. Oakhaven Hospice Trust, Lower Pennington Lane, Lymington, SO41 8ZZ. 01590 677773. www.oakhavenhospice.co.uk. Registered Charity No. 900215.

Pennington Community Action Group (Youth Group)
LYMINGTON PENNINGTON Youth Club, Thursday Evenings, 7.00 - 9.00, Free WiFi Music, Games, Table Tennis, Pool, Arts & Crafts, Cooking, Xbox games, Hot food & drinks. Youth Workers if you just want to talk or get help with CVs and interviews.
Sessions on Bullying Alcohol Smoking Drugs & Sexual Health.
Contact 07743269258 Organised by Pennington Community Action Group. Supported by HCC and Lym Penn Town Council.
Affiliated Groups

Rotary Club of Lymington
Lymington Rotary is a dual gender club and a member of worldwide Rotary International. We have 54 members meeting for lunch at the Lymington Centre every Wednesday - times are available from our website and we do have monthly evening meetings when we invite friends and family. Our objectives are to provide humanitarian service to the community at local, national and international level. We encourage high ethical standards in all vocations and work for goodwill and peace in the world. We enjoy fun and friendship as we serve the community. More information at www.lymingtonrotary.org.uk

St Thomas & All Saints Churches
St Thomas the Apostle, St Thomas Street, and All Saints, All Saints Road, Woodside. You are very welcome to our church services, house groups and children’s activities. Baptisms, weddings and funerals arranged. Refresher and beginner courses in the Christian faith held regularly. Many other activities including concerts, toddler group, Monday lunch club, Vistas cafe etc. Further information from the Parish Office, 01590 676194, open 9.30am – 11.30am Monday to Friday.

The Arts Society Lymington
Ten different stimulating, entertaining, enlightening talks a year. Experts talking about their enthusiasms showing us photos on the big screen of the best examples of each topic. Add visits, social occasions and Special Interest Days to create a friendly interesting society. Join us in the Fuller-McLellan Hall the second Wednesday of each month from September to June, 7pm for 7.30pm, starting with coffee. Annual subscription £45. More information from Wendy Gaffikin (membership secretary), 01590 624474 or theartssocietylymington@gmail.com Website: www.theartssocietylymington.or.uk.

Three Counties Healing
Offer a free drop in Healing service (Reiki & Spiritual) on a Monday afternoon from 2pm – 4pm and have been in the Centre since January 2016, we are now in The Hayloft. We are a Registered Charity (no.284546 DHWSHA). All Healers are fully Insured and it is by Donation. For further details see our Website threecountieshealing.co.uk or ring Ian Knight on 01202 914206 or 07957758816 email i.knight@talktalk.net. We have created an ambient and comfy Healing Space with couches, screens and music. We look forward to seeing you.

Turner Bridge Club
A friendly, ACOL playing, non-EBU affiliated club which has been playing for over 60 years. Most of the time we can sort a partner for you if you haven't got one. Every Monday afternoon from 1.45pm to 4pm for Rubber Bridge. For beginners and improvers - help is at hand if required! Every Tuesday afternoon from 1.45pm to 5pm for Gentle Duplicate. New members and visitors are always welcome. Our website: www.turnerbridge.co.uk or call: Secretary Mrs Barbara Johnstone 01590 678680 or Chairperson Mrs Barbara Ball on 01590 622691.

United Nations Association (UNA-UK) - Lymington Branch
Lymington Branch of the United Nations Association is devoted to building support for an effective United Nations, like other branches in this country. Founded in 1945, the United Nations Association is the UK’s foremost advocate for UK action of the United Nations; trading source of analysis on the UN; and a vibrant grassroots movement. We are the only charity in the UK devoted to ongoing support for the UN among policy makers, opinion-formers of the public. We believe that a strong, amenable and affective UN is essential if we are to build a safer, fairer and more sustainable world.
**Affiliated Groups**

**Wades Yoga**
Wonderful uplifting drop-in Power Yoga Class, 7:15pm - 8:30pm. Working with the breath, gaining strength and length throughout the body through the practice and the postures. For more information please contact Dawn Wade at wadesyoga@hotmail.com or Tel: 07715406499.

**Yogatwist**
Unwind with Yogatwist every Friday morning 9:15 am - 10:15 am, a fluid hatha yoga practice for mind and body suitable for mixed abilities 10:30 am- 11:30 am an invigorating vinyasa flow yoga class designed for people who wish to deepen their practice. Please contact Claire if you have any questions. Telephone : 07548805476. Email : yogatwist@btinternet.com. Website : www.yogatwist.co.uk

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**LYMINGTON CHORAL SOCIETY SPRING CONCERT**

7pm, Saturday, 12 May 2018  St Thomas’ Church, Lymington

Mozart Requiem  
Pergolesi Magnificat  
Caldara Stabat Mater  

Michael Goldthorpe, Musical Director  
Timothy Rice, Organist  

The Lymington Classical Players; soloists from the London Conservatoires  

Tickets available from Maxwell Hamilton, Lymington; Milford Community Centre; New Forest Stationers, New Milton and on the door subject to availability  

Tickets £15 and £12.50 (gallery restricted view). Children free when accompanied by an adult. Admission includes a glass of wine or a soft drink

[www.lymingtonchoral.org.uk](http://www.lymingtonchoral.org.uk)
Useful Information

Citizens Advice New Forest Lymington

Court Mews
28a New Street
LYMINGTON
Hampshire
SO41 9BQ

Telephone Adviceline: 03444 111 306
Adviceline is open from Monday to Friday 10am to 4pm
Fax: 01590 676623

Opening Times
Mon: 10:00 – 16:00
Tue: 10:00 – 16:00
Wed: 10:00 – 16:00
Thu: 10:00 – 16:00
Fri: 10:00 – 16:00

Lymington Library

North Close Lymington SO41 9BW
0300 555 1387

Open

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Red Cross Centre

The Redvers Room, The Lymington Centre
New Street
Lymington
SO41 9BQ
01590 679529

Monday, Tuesday, Thursday & Friday: 10:30am - 12:30pm & 2pm - 3:30pm
Wednesday 10.30am - 12.30pm

We provide short-term loans of wheelchairs and toilet aids.
If you are a health and social care commissioner, please look at our information for commissioners. You can either collect equipment or, in some cases, have it delivered for a small fee. We also stock new and reconditioned items for sale – please contact us for more information.
TURNER BRIDGE CLUB

Returning to Bridge? Would you like to play Rubber Bridge?
If so, do come and join our friendly club on Monday afternoons 1:30 - 4:30pm at The Lymington Centre.
Partners can be provided
Free taster sessions
Tel: Barbara Johnstone on 01590 678680 or www.turnerbridge.co.uk

*We also play duplicate Bridge on Tuesday afternoons 1:30pm - 4:45pm*

LYMINGTON BOOKBINDING CLUB

Established in the 1950s to promote and enjoy bookbinding.
Instruction is freely given on all aspects of the Craft.
You will receive a warm welcome
Tuesdays 2 - 4.00 pm (LCA)
Very few tools are required.
Please ring Peter 01590 683197
Community First

New Forest ...building relationships, enabling action!

LYMINGTON HEALTHY WALKS

Lymington Healthy Walkers have been walking and talking for over a year now. Our free walks offer a wonderful opportunity to meet people and see the local area from a different perspective. Although the aim is to get a little fitter and to enjoy better general health, the walks offer a chance to catch up regularly with friends made on the walks.

Walks are the 1st and 3rd Tuesday in the month from Bath Road Car Park, by the slipway, at 10am for 90 minutes. We are also offering free training to become a walk leader on these walks. If you would like to know more about the walks or the training then please contact Jan Barratt on 07788 558864.'

Private Room Hire

Room Hire available for Civil Ceremony/Partnership, Private Functions, Celebration of Life, Receptions, Parties.

* For more details and charges please contact Reception *
LEARN, LAUGH AND LIVE!

The University of the Third Age

Make the most of life – join your local U3A

Pursue your interests at leisure.
Share skills, knowledge and experiences.
Make new friends and have fun.

In other words, learn, laugh and live!

For more information about Lymington U3A, please visit
www.lymingtonu3a.org.uk
or phone 01425 616479

www.u3a.org.uk